

EXPLORING EPIPHANY IN SPIRITUAL NOVELS OF PAULO COELHO

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Abstract

Spiritual books include the attributes and abilities of the authentic self, such as intellect, empathy, honesty, happiness, love, innovativeness, leadership, and harmony. Paulo Coelho, a prolific novelist, has consistently explored the issue of spirituality throughout his several writings. The primary objective of the present research is to investigate the concept of Epiphany as shown in the spiritual novels authored by Paulo Coelho. The books authored by the individual in question depict the process of change experienced by the central character, with a particular focus on the development and use of Epiphany. The research demonstrates that the main characters in the author's works use Epiphany as a means of overcoming their challenges. The presence of Epiphany has a significant role in fostering the development of a more refined sense of self-identity inside the main character. Epiphany is also associated with the development of a profound sense of meaning, purpose, and a highly inventive mindset. The function of Epiphany is crucial in facilitating the optimal performance of individuals within a society. It fosters a sense of compassion and rationality, while also enhancing a diverse range of essential skills and professional competencies.

Keywords: Epiphany, Epiphany, Innovation, works of Paulo Coelho, performance

INTRODUCTION

Paulo Coelho is a well-known Brazilian novelist who is most recognised for writing works that are philosophical and spiritual in nature (Muraleedharan, 2012). The themes of self-discovery, personal development, and the pursuit of one's aspirations are explored in depth across several of his works. Characters in his books often go through transformative experiences that might be characterised as epiphanies, in which they come to a deep understanding or become aware of something previously hidden. Let's have a look at some of the most prominent spiritual books written by Paulo Coelho and see whether this topic of revelation is present in any of them: "The Alchemist" (1988): "The Alchemist" This book is perhaps the most well-known piece of literature that Paulo Coelho has ever produced. It tells the narrative of Santiago, a shepherd who goes on a quest to find his Personal Legend, also known as his life's mission. Throughout his trip, Santiago comes face to face with a variety of individuals and circumstances that teach him valuable lessons about the significance of listening to his heart and acting upon those lessons. His epiphany is that the treasure he wants is not an item that can be held in his hands, but rather a more profound comprehension of both himself and the cosmos. "Brida" is a film that was released in 1990 and it follows the spiritual quest of a young Irish girl called Brida who is looking for her destiny. Throughout the course of the story, Brida goes through several transformative events and has several conversations with teachers who point her in the direction of self-awareness and enlightenment. As Brida delves further into the mystic and spiritual aspects of her existence, the reader is treated to several aha! moments over the course of the book. In the book "The Valkyries" (1992), the protagonists, Paulo and his wife Chris, go on a pilgrimage across the Mojave Desert to meet a group of ladies who are referred to as the Valkyries. The narrative recounts their trip through the desert. Both of the protagonists go through periods of self-realization and have deep epiphanies about their own lives and the connections in their lives as they progress through the story. The author delves into topics such as love, spirituality, and the significance of addressing one's anxieties during the course of the book.

The book "By the River Piedra I Sat Down and Wept" was published in 1994: Pilar, the main character of this book, goes on a quest to find a deeper connection with her religion and the person she loved



when she was young. This leads her on a journey of the spirit. During the course of her travels, Pilar experiences several aha! moments, which ultimately lead her to rediscover her sense of purpose as well as her faith. The story delves into topics such as love and spirituality, as well as the significance of listening to one's own heart. The "epiphany" acts as a fundamental subject that propels the protagonists towards self-discovery and development in these works, as well as in many other works written by Paulo Coelho (SUWASONO, 2019).

The way that Paulo Coelho writes often provokes readers to consider their own lives and the pursuit of their aspirations, and as a result, his works serve as a source of motivation and spiritual discovery for a significant number of readers all over the globe.

Paulo Coelho is widely regarded as one of the most accomplished and renowned authors of our contemporary day, distinguished by his propensity for crafting ambitious and imaginative works of fiction. The predominant and foundational theme that permeates (Suwasono, Thoyibi & Candraningrum, 2019) Paulo Coelho's literary works pertains to the spiritual odysseys undertaken by individuals in their pursuit of self-transcendence and personal growth. The literary works authored by Paulo Coelho, starting with "The Alchemist," and including "The Pilgrimage," "Veronica Decides to Die," "The Zahir," "Brida," "By the River Piedra I Sat down and Wept," "The Devil and Miss Prym," "The Winner Stands Alone," "The Witch of Portobello," and "Aleph," are widely regarded as exemplary pieces of literature (Sarathe, 2019). These novels possess comparable value due to their ability to depict the spiritual challenges and transformations experienced by individuals from varied origins. Coelho has gained significant recognition for his literary works that prominently explore themes such as love, the dichotomy between good and evil, the manifestation of ultimate power, the use of foreshadowing, the journey of self-discovery, and the use of magical realism. The fundamental nature of his paintings is deeply grounded in an enigmatic spirituality that forms their essence. Regarding the art of storytelling and character portrayal, the individual in question has a notable proficiency, therefore exemplifying one of their several aptitudes. The author has a notable aptitude for effectively communicating emotions, hence facilitating the reader's capacity to establish a connection with the protagonist and discern similarities between their own experiences and the narrative (Onedani, & Wahyono, 2018).

Research Questions

- ❖ What are the common elements and characteristics of epiphanies experienced by the main characters in Paulo Coelho's spiritual novels?
- ❖ How does Paulo Coelho use symbolism and allegory to convey moments of epiphany in his novels?
- ❖ What role do mentors, spiritual guides, or other characters play in facilitating the epiphany experiences of the protagonists in Coelho's works?

Research objectives

- To analyze and identify the various forms and manifestations of epiphany experienced by the main characters in Paulo Coelho's spiritual novels.
- To examine the role of spiritual and cultural elements in shaping the moments of epiphany within Coelho's novels, with a particular focus on Brazilian spirituality and culture.
- To investigate the use of literary techniques, symbolism, and allegory in Paulo Coelho's novels to convey and enhance moments of epiphany.

LITERATURE REVIEW

An epiphany, derived from the Greek term "epiphanea" meaning manifestation or stunning appearance, refers to a profound and instantaneous realisation. The word "epiphany" is often used to denote a significant advancement in scientific knowledge, a profound revelation in religious or philosophical realms. However, its applicability extends beyond these domains, including any circumstance whereby an illuminating realisation facilitates a comprehensive and profound comprehension of a problem or situation from a novel viewpoint. Psychologists and other researchers, especially those interested in studying the process of creativity, do research on epiphanies.

Epiphanies are infrequent phenomena that often ensue from a deliberate and extensive cognitive engagement with a particular subject (Fabb, 2022). Frequently, these instances are instigated by the



introduction of novel and vital information. However, it is crucial to note that a substantial foundation of preexisting knowledge is necessary in order to facilitate the cognitive breakthrough. The user did not provide any text to rewrite. It is evident that... Prominent instances of epiphanies include Archimedes's seminal revelation about the derivation of a technique for ascertaining the volume of an irregular entity, famously exclaimed as "Eureka!" Furthermore, Isaac Newton's profound cognition materialised when he detected the commonality between the gravitational forces acting upon a descending apple and the moon's orbital trajectory.

The term "epiphany" originally denoted (Petridou, 2016) a kind of enlightenment that was believed to be derived from a heavenly source. The user did not provide any text to rewrite. The user's text is already academic and does not require any rewriting. In contemporary use, the aforementioned notion is often employed without the aforementioned implications. However, it is worth noting that a prevailing inference persists, whereby the epiphany is seen as having a supernatural quality, since the revelation seems to manifest abruptly and originate from an external source. According to the source cited.

The surge in popularity of the term's secular meaning may be attributed significantly to the influence of James Joyce, an Irish author. The concept of the Joycean epiphany may be described as a sudden and profound spiritual revelation that arises from an item, scene, event, or remembered thought. This manifestation occurs in a manner that exceeds the expected importance or precise logical relevance of the stimulus that triggers it. The user's text does not contain any information to rewrite in an academic manner. The use of epiphany as a literary device is evident in every entry in the short story collection *Dubliners* (1914) by the author. Through the usage of this narrative technique, the characters have abrupt realisations that significantly alter their perception of themselves and/or their societal circumstances. The first exploration of the concept of epiphany was presented by Joyce in the literary fragment *Stephen Hero*, which was published after his death in 1944. According to the philosophical perspective of Emmanuel Lévinas, the occurrence of epiphany or the revelation of the divine is seen via the visage of another individual, often referred to as the face-to-face encounter. The Flammarion engraving is a notable artistic depiction that has gained recognition in academic circles. From the book "L'atmosphère," published in 1888.

Initiation ceremonies and mystery religions have historically functioned as conduits for epiphanies and artistic expression within traditional and pre-modern societies. In the ideal, Greek dramatists and poets aimed to induce the audience into states of catharsis or kenosis, respectively. The title of William Burroughs' *Naked Lunch* in contemporary society is rooted in an epiphany, characterised by a condition affected by drugs. Burroughs defined this state as a "frozen moment" whereby individuals collectively see the ultimate outcome of their actions. Both Marcel Duchamp, a prominent figure in the Dadaist movement, and Andy Warhol, a renowned Pop Artist, employed a strategy of subverting conventional expectations by showcasing ordinary objects or graphics as pieces of high art. For instance, Duchamp famously presented a urinal as a fountain, while Warhol employed innovative presentation techniques that had not been previously explored. The underlying purpose of these artistic endeavours was to provoke a profound realisation regarding the nature of art, challenging preconceived notions and expanding the boundaries of artistic expression (Feeney & Megel, 1959).

Paulo Coelho, (Naseem et al., 2022) a Brazilian author and recipient of the Guinness Book of World Records, has the esteemed title of being a global ambassador for psychological literature. His literary contributions have garnered immense popularity, with his works being translated into an impressive seventy-one languages. According to a statement made by T. S. Eliot, the exceptional attribute of a distinguished poet is equally applicable to a novelist. Eliot suggests that via profound and individual encounters, a novelist has the capacity to articulate a universal truth. This is achieved by preserving the distinctiveness of their own experiences and transforming them into a symbol that resonates universally. This assertion holds true for Paulo Coelho's novel, *The Alchemist* (1988), as it has a multitude of symbolic depictions that reflect the author's own and subjective experiences, while also possessing a broader resonance that may resonate with a wide audience. The literary work authored by Coelho may be regarded as a contemporary masterpiece, even in the current era, due to its classification as a psychological book. The central focus of this literary work is on the concept of self-



realization or spiritual fulfilment attained by self-awareness, self-exploration, introspection, and proactive behaviour. The protagonist, a financially disadvantaged shepherd kid, successfully attains self-actualization, prompting the author to question why the readers too cannot reach a similar state of being. In his work "The Alchemist," Coelho portrays an experience that transcends time and remains relevant indefinitely. Coelho emphasises the significance of both spiritual and physical journeys. The individual in question has a personal inclination towards the exploration of the world and its marvels. They openly acknowledge that their inclination towards travel was the catalyst for a significant transformation in their life, as stated, "undoubtedly, it was through the act of travelling that I was able to make a substantial leap".

Soni (2014) asserts the profound symbolic value of the trip in individuals' lives. Additionally, the author further asserts, "Employing the metaphorical concept of a journey, I perceive life as analogous to a caravan." The origin and ultimate destination of this phenomenon are unknown. In this work, the concept of voyage serves as a metaphor, while the puzzles encountered by the protagonist serve as significant milestones along this trip. The work may be seen as a manifestation of the author's profound spiritual struggle with the prevailing societal norms. Furthermore, it is noteworthy that the author tries to identify a resolution, as he is influenced by the zeitgeist while yet transcending it. Commencing the narrative, Santiago, a young lad hailing from Andalusia, defies conventional norms and departs from the familiarities of his home in pursuit of worldly knowledge. His parents had harboured aspirations for him to enter the priesthood, so becoming a symbol of honour for their humble agricultural lineage. The individuals exerted considerable effort in order to get sustenance and hydration, akin to the sheep (Mayer, 2017).

DATA ANALYSIS

Paulo Coelho is a Brazilian author known for his philosophical and inspirational novels. He has written numerous books. Paulo Coelho, an internationally acclaimed novelist, was born in Rio de Janeiro, Brazil, and attended a Jesuit school for his formal education. He is best known for his novel "The Alchemist." Coelho's parents sent him to an institution for the mentally ill when he was 17 years old against his will. Three successive attempts at breaking out of the institution were successful on his part before he was finally let out when he became 20 years old. After the fact, Coelho said that the purpose of others was not to inflict damage upon him, but rather their actions were driven by a lack of information on proper courses of action. Coelho stated that the others' actions were motivated by a lack of knowledge on appropriate courses of action. Their actions were not intended to do me damage; rather, they were taken in order to protect my health and safety. It is not necessary to rewrite the user's material since it is already of academic quality. Coelho gave up his dream of becoming a writer in order to enrol in a curriculum leading to a legal education. He did this because his parents wanted him to follow in their footsteps and become a lawyer. After a period of time equaling one year, he came to the conclusion that he should give up his formal education and instead embrace a way of life that is typified by countercultural principles and is sometimes referred to as "hippie." During this time period, he set off on a number of extended excursions across a variety of areas, some of which were Europe, Mexico, North Africa, and South America. In addition to this, he started using drugs that altered his state of mind, which was a common practise in the culture of the 1960s. The text provided by the user does not include any material that has to be rewritten in an academic way. After moving to Brazil, Coelho pursued a career as a composer, writing music for notable Brazilian artists such as Elis Regina, Rita Lee, and the legendary figure Raul Seixas. Some of the songs he wrote are included on albums by these artists. As a consequence of working with Raul, Coelho became associated with mystical and otherworldly concepts, which can be observed in the lyrical content of a number of their compositions. He is often confronted with charges that these songs are derived from foreign compositions that were relatively unknown within the framework of Brazil during that time period. These allegations are frequently levelled against him. According to his own story, he was detained in 1974 for participating in activities that were considered "subversive," and he was subsequently tortured to torture by the ruling military administration. This regime had taken control of the country 10 years earlier, and they saw his song lyrics as being politically leftist



and possibly dangerous. Coelho pursued a number of creative endeavours in addition to his work as a writer. These artistic endeavours included acting, journalism, and directing for the stage. In 1980, Paulo Coelho wed the artist Christina Oiticica. Their wedding took place in Brazil. Previously, the couple split their time between a remote home in the Pyrenees Mountains of France and the city of Rio de Janeiro, Brazil, living there for around six months at a time in each area. On the other hand, they have moved their permanent abode to Geneva, which is located in Switzerland. In 1986, Paulo Coelho set off on a trip along the Camino de Santiago de Compostela, a pilgrimage route in the northwestern area of Spain that extends for more than 500 kilometres. The user's text does not need any revision since it has already been academically reviewed and evaluated. The guy described his experience of a spiritual awakening in his autobiographical book titled "The Pilgrimage," which took place while he was travelling along the road. The user did not provide any text for the system to modify. In an interview in 1986, Paulo Coelho discussed how happy he was with the path his life had taken up to that point. In a manner that is analogous to the metaphor that is used in *The Alchemist*, I participated in activities that supplied me with nourishment in the form of food and water. Even though I had a lot going on in my life—I had a job, I was in love with my significant other, and I was doing well financially—I didn't feel like I was making enough progress towards achieving my ultimate goal. My objective, both in the past and at the present time, is to embark on a writing career of some kind. The content provided by the user is just too brief to be reprinted in an academic style. Coelho took the choice to give up his financially gratifying employment as a composer in order to devote himself completely to the pursuit of writing. He did this in order to pursue his passion for writing. "Don't Stop on the Highway" is a film that is a biographical adaptation of Paulo Coelho's book "The Pilgrim." The film is known all over the world by the title "The Pilgrim - Story of Paulo Coelho." This movie is the result of a joint effort by the Brazilian production company Drama Films and the Spanish production company Babel Films. The roles of the younger and older versions of Paulo Coelho are played by two different actors. Iôna de Macêdo, a producer who was engaged in the production of the movie, said that the story it tells is about a person who has a goal to accomplish something extraordinary. Because he is shown as being disproportionately tall for his home, the person in question has a striking likeness to the figure Alice from Lewis Carroll's *Alice in Wonderland*. The theatrical performance, which was carried out in the Portuguese language, had its premiere at theatres located in Brazil in the year 2014, and after that, it was distributed all over the globe in the year 2015.

Being vision and value-led entails acting in accordance with the inner voice of one's soul. Brida tries to elucidate every aspect, spanning from her early years to the current day. The individual adeptly amalgamates and constructs her linguistic expressions to elucidate her profound fascination with the realm of magic, as well as her formative experiences and innate inclination towards this mystical domain throughout her early years. The individual always has a profound inclination to comprehend the profound and concealed significance of existence, seeking to address her inquiries via the use of magical practises. The researcher discovers that she has views and ideals that deviate from the norm. The individual has the belief that life possesses a deeper significance beyond mere existence, and she is motivated to uncover this purpose. When Magus inquires about her hypothetical choice between the love of her life and her pursuit of magical knowledge. She has an intense emotional want to shed tears. Brida had an epiphany that enables her to see the greater dimension of this seemingly straightforward but very challenging subject. The experience of loving her might be regarded as one of the most challenging encounters, particularly when she has completely shed the illusory notions associated with romantic infatuation. She encounters a someone who is little older than her and is pursuing studies in the field of physics. Both individuals have contrasting perspectives on love and the surrounding environment; however, she chooses to provide herself another opportunity. She attempts to test her luck once again. Despite being aware that this romantic relationship entails a significant risk, she continues to pursue it. An examination of Brida's ideas reveals her ability to establish connections between broader significances and patterns. Deep inside her cognitive and emotional faculties, she has an inherent understanding that the true essence of existence is in the profound experience of love. The individual has an understanding of the interconnectedness



between the connections and patterns of life and the inner voice that guides their experiences of love and self-awareness. The concept of Holism is used to describe the spiritual intelligence aspect being discussed. Since her early years, she has had the ability to see overarching patterns and connections between significant and commonplace elements of existence. Brida has a profound inclination towards kindness. The individual has a sense of inner connection and alignment with the cosmos. Obtain energy and enhance physical vigour from this source. When confronted with the apprehension of encountering perilous entities, the individual experiences a surge of terror during nocturnal hours inside the confines of a solitary and dimly lit woodland environment. The individual has a firm belief in the existence of a higher power, namely in the form of God and her Guardian Angels. She attributes their guidance as the reason for her being in the forest, seeing their influence as important in facilitating the exploration and realisation of her innate talents. The individual actively cultivates a mindset characterised by increased affection and empathy for existence. An individual with empathic abilities have the capacity to engage in profound analysis of their link with the world, including the interpretation of invisible universal symbols and the perception of the presence of an imperceptible being, sometimes referred to as a guardian angel. The principle of compassion enables her to navigate her emotions. The manifestation of a protective aura and the ability to attract and assimilate good energy throughout the nighttime serve as evident indications of her kind nature. The presence of compassion in an individual's character indicates the significance of Epiphany in Brida's life. She prohibits herself from entertaining bad thoughts about Magus. Instead than contemplating the potential detrimental effects of traversing through the obscure woodland. The individual successfully conquers her apprehension and reinforces the need of maintaining composure throughout a significantly demanding circumstance. Brida's aspiration for knowledge and wisdom underscores her want to explore her profound inner self and reveals her inherent talent. Within the context of the story, the protagonist has identified and acknowledged the existence of two distinct magical traditions that facilitate the transition from a state of being conscious to a state of being fully aware and present. The individual in question has a profound appreciation for the inherent uniqueness of each person, while also recognising the need of self-discovery. This is evident in her prayer for the well-being of all mankind, whereby she acknowledges that every individual possesses the knowledge and understanding necessary to nourish their own souls. Despite encountering several challenges in her interpersonal connections, when the moment for prayer arises, she remains steadfast. The individual made the decision to commemorate the variety of perspectives and backgrounds. The individual developed resilience and embraced many facets of life with a receptive mindset, emotional openness, and profound engagement. This experience fostered her personal resilience and imbued her spirit with fortitude. This phenomenon induces transformation not just inside the individual, but also in their interpersonal connections and their perception of the broader cosmos. The author discusses the concept of field independence in the novel *Brida*, which is characterised by the ability to resist the prevailing opinions of the majority and engage in critical evaluation of one's own beliefs. To own personal beliefs. Brida's capacity enabled her to resist societal norms and develop her own unique framework of thinking and conceptualization pertaining to the divine. The individual conducted an analysis of the night spent in the woods and concluded that it imparted a valuable lesson. In reflecting upon her experience, she acknowledged the need of continuous effort in order to uncover her true route. Having through the Dark Night, she realised her aversion to traversing a similar road in the future. The author suggests that night symbolises the everyday struggles, challenges, obstacles, and sometimes melancholy that occupy the human psyche. Brida has conducted an analysis of the concept of darkness, positing it as a representation of the inner anxieties and uncertainties experienced by individuals, particularly men, which result in their suffering without conscious awareness. The individual establishes a connection between the elements discussed and the concept of the night of faith. The individual holds the belief that the presence of darkness, uncertainties, and anxieties is an inherent component of one's everyday existence. The author further acknowledges that the occurrence of darkness is attributable to an unforeseeable element of existence. It is impossible for anybody to evade or elude this particular situation.



The inherent uncertainty of life is a prominent source of anxiety for individuals, as the inability to anticipate future events may be unsettling. However, it is crucial for one to cultivate resilience and fortitude in order to uncover their innate talents and abilities. In order to pursue her desired career in the realm of magic, it is imperative that she have the necessary strength and resilience. The concept of field independence significantly influences Brida's progression towards self-actualization and the development of her uniqueness. Brida has distinct aspects of existence. She has the capacity to lead a lifestyle that differs from the norm. The capacity referred to as "Humility" falls within the framework of spiritual intelligence. In more concise terms, it may be delineated as the process of acquiring knowledge and understanding pertaining to an individual's position and significance within the broader global context. To ascertain one's life purpose. Brida is cognizant of the fact that this presents a significant issue. The individual has a belief in the existence of supernatural forces or phenomena often referred to as "magic." When the protagonist pays a visit to the bookstore, the proprietor inquires about her area of expertise by asking, "What is the skill or talent in which you excel?" The respondent promptly states, "She ardently follows the course she deems fit, the course of sorcery." This observation highlights her sense of modesty, as she recognises herself as an individual among a collective. The individual consistently strives to live in accordance with her own convictions, exhibiting a resolute lack of apprehension. In the routine of daily existence, individuals often adhere to established patterns of thought. However, she stands out as a woman who actively constructs her own unique perspectives. The individual has a belief in the existence of an intangible realm characterised by supernatural forces and phenomena. The individual engages in introspection and thereafter acts in accordance with their own intuition. The individual consistently maintains a belief in the presence of an inherent talent inside herself, which she perceives as requiring exploration and recognition. In pursuit of self-discovery, she ardently adheres to her intuition and determines that the acquisition of magical knowledge is the path that would enable her to unveil her true identity. Not many individuals possess such fortitude, since there exists a prevailing resistance towards embracing the notion that each human being has inherent uniqueness. However, Brida stands out in her ability to embody this concept inside her artistic expression. Brida has a propensity for posing inquiries of a basic kind pertaining to the essence of existence. She is the one who has a desire to seek solutions pertaining to existential inquiries that occupy her thoughts. During their first encounter, the protagonist engages in a conversation with her instructor, Magus, who inquires about her motivations for pursuing the study of magic. She responded to him expressing her need for answers from life. In a separate occurrence, she inquires of her romantic partner, Lorens, "I have a query to pose to you." What is the composition of human beings? From whence did the atoms that constitute our bodies originate? This scenario presents an additional dimension of her spiritual intelligence, which involves posing basic inquiries. The user's inquiries likely pertain to the concepts of unpredictability and the unknown aspects of human body development. The individual expresses a desire to go into the past in order to ascertain their true identity and uncover the latent potential within them. The individual expresses a desire to explore the mystical realm in order to uncover the inherent force that propels her towards a heightened comprehension of visions. Many individuals refrain from asking inquiries due to their fear of life's uncertain responses. Brida has the understanding that these inquiries will be resolved, which is why she is now in the process of seeking their answers. Upon Brida's return from her previous incarnation. Brida has a profound sense of unease and an intense want to communicate this encounter to an individual who would place trust in her account. However, Brida possesses a notable capacity to reevaluate the circumstances, which entails distancing oneself from personal challenges and engaging in a critical analysis to identify potential solutions. The individual does a comprehensive analysis of the whole issue and formulates a rationale for abstaining from divulging her experiences with time travel to the general populace. She privately expresses her belief that her comments will not be trusted due to the fear people have of uncovering the existence of a mystical life. Individuals have been used to their living arrangements, occupations, and personal aspirations. The individual in question ultimately recontextualizes the whole of the circumstance and ultimately elects to exclusively disclose the complete experience just to their instructor, Magus. Spiritual intelligence enables the human brain to analyse the constructive aspects



of adversity and see illumination even in the most challenging periods of life. Magus assumes the role of an instructor within the Sun tradition, imparting knowledge and wisdom to Brida. In order to initiate her into this tradition, he employs a pedagogical method whereby he leaves her to navigate through a dense forest in complete darkness. The primary lesson conveyed in the novel *Brida* pertains to the significance of two distinct elements. The first component is around Brida's realisation that all phobias stem from internal conflicts, hence necessitating personal resolution. Furthermore, this experience instills within her a sense of self-assurance, motivating her to pursue the study of magic and embark on a journey of self-discovery. Adversity lacks a specific form or sequence. The phenomenon has the potential to manifest in several forms. Prior to commencing her first lecture, Magus informed her students that all difficulties might be seen as instruments used by a divine entity to reveal one's inherent inner powers. Emotional setbacks such as disappointment, failure, and despair have historically served as catalysts for human beings to explore new dimensions and navigate towards enlightenment in challenging circumstances. In this particular circumstance, she acquires the ability to effectively harness hardship in a constructive manner.

The concept of a sense of vocation might be likened to a profound appreciation for the inherent value of enduring hardships and grappling with the existential uncertainties that life presents. Expressing gratitude is a symbolic act that signifies appreciation for one's existence. Following her first encounter, Brida proceeds to visit an antiquated establishment. She visits that location in order to establish contact with a teacher who has expertise in the field of magic, with the intention of furthering her knowledge in this domain. She is aware that the bookshop have knowledge about those with whom they are in touch. The individual has an interest in the concept of magic and witches, however it is possible that their age may not be suitable for engaging in extensive research or explicitly inquiring about such subjects. She is aware that magic is often not believed in by people in contemporary times. At the conclusion of the conversation with the bookseller, it became evident that he discerned the genuine yearning for magical knowledge and self-discovery inside her. He provided her with the contact number for Wicca. Prior to her departure from the store, she asserts her awareness of the universe's ability to communicate in several languages, including those used by bookshops and booksellers. All entities, whether alive or non-living, has a distinct mode of communication (35). Brida's expression of happiness and her gesture of blowing a kiss towards the shopkeeper might be seen as a celebratory response to life. Expressing gratitude for human beings is indicative of one's appreciation for the gift of life. The individual exhibits indications of contentment, as they experience a little semblance of satisfaction in their pursuit of self-discovery and genuine self-awareness.

CONCLUSION

Researchers have shown that there is a distinguishable difference between intellectual and emotional insights, as well as intellectual and Epiphany from a neurological perspective. Despite the fact that intellectual and emotional parts are often thought of as being placed on opposing sides of the brain, this is not always the case. The synchronisation of both hemispheres of the brain as well as the activation of the complete intellect are both related with Epiphany. To make use of the Epiphany that is already there inside the human mind, one must make a conscientious effort to bring it into operation. The process of formulation for the various intelligences exhibits a wide variety of traits. A sequential approach is taken to the processing of the intellectual element, a parallel approach is used to the processing of the emotional component, and a synchronous approach is taken to the cultivation of the spiritual side. Due to the fact that each intelligence has its own set of distinctive capabilities and was capable of functioning independently, the three intelligences worked together and assisted the protagonist in obtaining a state of balance in her life. The existence of Epiphany, on the other hand, was what caused the protagonist to have a rising feeling of happiness as she continually revealed greater importance and purpose in her life. This was due to the fact that the Epiphany was present in her life. The person lives their life according to the principles of positivism, making genuine attempts to find fulfilment via the service they provide to others and the improvement of the general welfare of society through the use of their superior intellectual capacities. As a direct consequence of the impact of Epiphany, the main character is able to make



better use of both her intellectual and emotional intelligence. This impact makes it easier to make the transition from the objective pole to the subjective pole, which may be seen as a move away from an ego-centered worldview and towards one that is more soul-centered. The development of individuals' intellectual and emotional intelligence has been a crucial factor in the progression of people's cognitive and emotional well-being during the last several decades. It is important to note, however, that the development of one's Epiphany has also led to a greater comprehension of one's own spiritual requirements and goals. The growth of the protagonist's intellectual intelligence is one factor that helps to the improvement of his or her mental health. In a similar vein, the development of their emotional intelligence is directly correlated to an increase in their emotional well-being. In addition, the development of one's Epiphany gives the protagonist's soul greater strength, which in turn enables them to enjoy their existence to the maximum extent possible. In conclusion, one might deduce from the material presented that it lends credence to the idea that one can reach a conclusive verdict. The purpose of this research was to investigate what it might be like to have a spiritually intelligent experience while reading one of Paulo Coelho's books. This investigation investigates the interrelationships between Epiphany, emotional intelligence, and intellectual intelligence, as well as the relevance of the protagonist's Epiphany in the development of a more evolved and imaginative self throughout the course of his life. In the study that was carried out for the book *Brida*, a qualitative approach was adopted, and more precisely, the analytical technique. The researcher has arrived at the conclusion that the concept of Epiphany is significant throughout the narrative of the book. This is due to the fact that it acts as a method for the protagonist to acquire higher degrees of personal development and individuality. In a nutshell, the investigator came to the realisation that there is a substantial connection between the idea of Epiphany and the effect that it had on the life of the protagonist as a result of their findings. The textual analysis of the book that the researcher conducted includes several examples and pieces of evidence displaying the protagonist's experiences in a variety of settings, which lends credence to the researcher's conclusion. In light of the conclusion, Epiphany plays a significant part in the psychological development of the protagonist, serving as a catalyst for increased levels of both self-knowledge and personal awareness. The story's protagonist gains more depth and vigour in their day-to-day pursuits as a direct result of their Epiphany. It provides a firm platform on which the protagonist may demonstrate innovative thinking. This is accomplished by using one's Epiphany to coordinate and govern one's own conduct and interactions in order to subjectively reinterpret events and experiences. In other words, this is how one achieves self-mastery. Individuals may find new answers to the issues or obstacles that they encounter in their day-to-day lives by using the notions that are associated with Epiphany. As a result, one may draw the conclusion that the protagonist makes use of their Epiphany in order to find answers to the problems they face in their existence. One may draw the conclusion that there is need for more research into the many facets of Epiphany within other disciplines of study, such as management and philosophy. In this particular research, the work of a single author was used. In the course of future research activities, a comparative technique may be used in order to get a full grasp of the manner in which a number of authors portray the concept of Epiphany. It is important to do more research in the field of psychology in order to determine whether or not the concept of Epiphany have any basis in fact. According to the findings of the current research, it would be beneficial for us to investigate the possibility of a connection between Epiphany and other concepts, such as cosmic awareness, in order to improve our understanding of the importance and purpose of both mankind and the universe.

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